



Welcome families to the 2010 Outdoor Soccer Season!

Each player is supplied with their own personal soccer ball. **This ball is to be brought to each game to use during warm-up and skill improvement time.** Please write your name on your ball.

Referees: Are to be respected, and not to be questioned. **Their decision is final!**

Rules – West Zone rules Based on FIFA rule. Google - FIFA.com: Laws of the Game
 West Zone’s website is <http://nonprofits.accesscomm.ca/wzb>
 Please review these rules before the season starts, and have a copy on hand.



Procedures for each game.

Short warm up
 Practice a few skills – 8 - 10 minutes
 Organize lines or player rotations.
 Play 2 – 20 minute halves with a 3 - 5 minutes half time break
 Shake hands

Roster Rotation – An example

Player	1st	2nd	3rd	4th	5th	6th	7th	ETC...
A	Stricker	K	M					
B	S	D	M					
C	S	D	M					
D	Mid	D	M					
E	M	M	K					
F	M	M	S					
G	Defense	M	S					
H	D	M	S					
I	D	S	D					
J	D	S	D					
ETC..	K	S	D					

Soccer Drills and Skills – Google “Soccer Drills” and lots of sites are listed providing ideas and methods for running practices and games.

South Regina Community Soccer Website is <http://nonprofits.accesscomm.ca/srcs>
Schedules and links to City of Regina field closures will be posted on this site as well as watch for next years program information and registration.

Jersey's snag easily, unfortunately. Do not place close to or wash with Velcro.

Fair Play Code for Parents

(From Fair Play - It's Your call)

- I will not force my child to participate in sports
 - I will remember that my child participates for his/her enjoyment, not for mine
 - I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility and violence
 - I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event
 - I will make my child feel like a winner every time by offering praise for competing fairly and trying hard
 - I will never ridicule or yell at my child for making a mistake or losing a competition
 - I will remember that children learn best by example. I will applaud good plays/performance by both my child's team and their opponents
 - I will never question the officials' judgment or honesty in public
 - I will support all efforts to remove verbal and physical abuse from children's sport events
- I will respect and show appreciation for the coaches who give their time so my child can play



HAVE FUN AND



ENJOY SOCCER!

